



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEY KIDS! LET'S MOVE & HAVE FUN

HIGHMARK QUAD KIDS sponsored by Wegmans Four-event, year-round fitness program just for kids!

We've put together a one of a kind Highmark QUAD experience for younger kids - shorter distances, a QUAD Kids t-shirt, a medal for completing individual events and a Champion t-shirt awarded to those that finish all four events.

QUAD Kids is held on the same day of the regular QUAD events, but later in the day to allow parents to participate separately. Y Childcare can watch your QUAD kids while you participate in the QUAD Games.

QUAD Kids includes a 25 or 50 yard swim, ½ or 1-mile bike, ½ or 1 mile run, and a ½ or 1 mile ski.

For questions or more information contact Curt Cardman, 838-2133, email cardmans@roadrunner.com or visit www.highmarkquad.org. The Highmark QUAD is a community outreach program of the YMCA of Greater Erie.

REGISTRATION FORM – Parent/Guardian must be present at event and may be expected to volunteer if necessary.

Parent/Guardian Name _____

Child's Name _____

Street Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Male Female Age as of 4/1/2014 _____ Youth t-shirt size Sm Med Lg

Registration Fee: \$25/Season or \$10/Event. Send registration form, check or money order payable to:
Highmark/YMCA QUAD Games, PO Box 6322, Erie, PA 16512

