



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# HEY KIDS! LET'S MOVE & HAVE

## HIGHMARK QUAD KIDS sponsored by Wegmans

We've put together a one of a kind Highmark QUAD experience for younger kids - shorter distances, a QUAD Kids t-shirt, a medal for completing individual events and a Champion t-shirt awarded to those that finish all four events. Children 12 and under may participate in the adult distances or in a noncompetitive series of shorter distances held immediately following the adult event. The Y provides free babysitting while adults participate in their event. All children receive a t-shirt and those participating in the noncompetitive series receive a medal. The participation fee is \$25/series or \$10/event.

QUAD Kids is held on the same day of the regular QUAD events, but later in the day to allow parents to participate separately. QUAD Kids includes a 25 or 50 yard swim, ½ or 1-mile bike, ½ or 1 mile run, and a ½ or 1 mile ski.

For questions or more information contact Kelly Latimer, email [klatimer@ymcaerie.org](mailto:klatimer@ymcaerie.org) or visit [www.highmarkquad.org](http://www.highmarkquad.org). The Highmark QUAD is a community outreach program of the YMCA of Greater Erie.

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**REGISTRATION FORM** – *Parent/Guardian must be present at event and may be expected to volunteer if necessary.*

Parent/Guardian Name \_\_\_\_\_

Child's Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Male  Female      Age as of 4/1/2016 \_\_\_\_\_ T-shirt size: (indicate youth or adult) \_\_\_\_\_

Please select QUAD Kids Distances: Short      or      Long

**Registration Fee: \$25/Season or \$10/Event. Send registration form, check or money order payable to: Highmark/YMCA QUAD Games, PO Box 6322, Erie, PA 16512**

