



# HIGHMARK QUAD GAMES REGISTRATION FORM

Swim: April 24 • Bike: July 9 • Run: Sept. 17 • Ski: Jan. 15

Name: \_\_\_\_\_

Male Female Age as of 4/1/16 Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

T-shirt size (circle one): XS S M L XL XXL

Category: Competitor (results posted in order of time) Healthy Lifestyle Participant (results posted alpha)

Corporate Team (must be full time or regular part-time employee): \_\_\_\_\_

Community/Club Team (noncompetitive, but we'll list your org. next to your name in your standings): \_\_\_\_\_

### All Four Events:

\$50 prior to and on 4/17/2015  
\$75 after 4/17/2015

Please select either 5K or 5-mile run  
5K 5-mile run

Please select 5-mile ski or 2.5 mile snow shoe  
5 mile 2.5 snowshoe

### Single Event:

\$20 prior to and on 4/17/2015  
\$25 day-of event registration

Please select single event  
ski swim bike run

**Children 12 and under must complete a separate application for the Highmark QUAD Kids**

**Payment:** Enclose check or money order payable to: YMCA of Greater Erie and mail to: Highmark QUAD, P.O. Box 6322, Erie, PA 16512

Disclosure: Before taking part in physical activity, it is advisable to see your doctor and have a complete physical examination. In consideration of the entrant being permitted to enter and participate in these events, the undersigned hereby releases and discharges the organizers, sponsors, Commonwealth of PA, municipalities in which the events are conducted and any sponsors, agents, servants, representatives, employees, successors, affiliates and assignees from all claims, demands, actions, damages, judgments and executions which the undersigned, their heirs, executors, administrators, representatives or assigns might hve now or in the future for any harm, injury, damage or occurrence, whether foreseen or unforeseen that might arise from or be related to the entrant's participation in these events and the entrant specifically assumes all risks in connection with this event. The undersigned also agrees to release rights to allow the use of photographs or videos in which they appear.

Signature of entrant: \_\_\_\_\_ Date: \_\_\_\_\_