

QUAD Games

29th ANNUAL

ANNOUNCING

HIGHMARK QUAD Kids!!!!!!!!!!!!

As our Highmark **QUAD** family grows, we want to offer the **QUAD** experience to some of the younger children who have been watching Mom and Dad in the Highmark **QUAD** Games.

If your child is a little too young for the distances of the Highmark **QUAD** events, this year we will offer a noncompetitive series of shorter distances for your child. All **QUAD Kids** events will be held the day of the regularly scheduled **QUAD** events but later in the day or swim session to allow the parents to participate separately. YMCA's Award winning Child Care will be on hand at the bike, run and ski to watch your **QUAD Kid** as you participate in the regular Highmark **QUAD** Games.

Highmark QUAD Cubs: 25 Yard Swim • ½ Mile Bike • ½ Mile Run • ½ Mile Ski

Highmark QUAD Lions: 50 Yard Swim • One Mile Bike • One Mile Run • One Mile Ski

Mark Your Calendars! Swim - April 10, 2011 Bike - July 9, 2011
Run - September 10, 2011 Ski - January 8, 2012

All participants will get a Highmark **QUAD Kids** T-shirt, a medal for completing the individual event with a Champion Shirt awarded to those that complete all four events.

Parent or guardian must be present at event and may be expected to volunteer if necessary.

For questions and more information on **QUAD Kids** contact Curt Cardman 774-1444;
cardmans@roadrunner.com



Registration Form

Parent/Guardian Name _____

Child's Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Sex: Male Female Age as of 4/1/2011 _____

Youth t-shirt size S M L

Registration fee

\$15 for quad season
\$10 per event

Enclose check or money order payable to:
HIGHMARK/YMCA QUAD Games

Return to:
YMCA of Greater Erie
Attn: QUAD Kids
31 West 10th Street
Erie, Pa 16501

